



Concussion/Safe Return to Play Program

The Quinte Red Devils Hockey Association has implemented a strict Concussion / Safe Return to Play Program for all teams and players within the organization.

At the beginning of the season, all players are required to complete the ImPACT Baseline Test. The cost of the Baseline Test will be covered by the association. Novice and Atom teams will complete the ImPACT Pediatric Baseline Test. PeeWee, Bantam and Midget Teams will complete the ImPACT Sport Baseline Test. All Baseline testing will be completed and supervised with Quinte's Head Trainer, Jackie Jarrell.

The ImPACT test (Immediate Post-Concussion Assessment and Cognitive Testing) is the most widely used computerized concussion evaluation system which helps to determine how well a brain is functioning. The ImPACT Test provides information such as memory, speed, concentration and reaction time which has been shown effective in the diagnosis and management of concussions. If a concussion is suspected throughout the season, the baseline report will serve as a comparison to a repeat ImPACT Test.

Any player who has a suspected head injury by a trainer, coach or parent must first receive Medical Clearance from a MEDICAL DOCTOR and successfully complete a post injury ImPACT test with Quinte's Head Trainer before returning to play. The Post-Injury Test cost is covered by the QRD Association. If there is any discrepancy between the two, then a second medical opinion will be required before returning to play.

If a player in the organization sustains a concussion, Quinte's Head Trainer, Jackie Jarrell will work with the Team Trainer and injured player to be sure the proper Return-To-Play protocol is followed.

Returning to Play After Injury

After QRD players sustain an injury and are cleared to play by a Medical Doctor, they must successfully skate in a full team practice where the coaching staff has the right to determine when they will be back playing in a game.

All fractures and neurological injuries including spinal injuries, hospitalization and concussions must be signed off by a MEDICAL DOCTOR.

By signing below, I have read and fully understand Quinte Red Devils Hockey Association Concussion Policy and Return to Play Protocol and Returning to Play Policy After Injury.

Name of Player

Date _____ Signature of Parent or Guardian _____